

Duke of Edinburgh Award Scheme SILVER AWARD

Information Sheet for Students

SKILL

- To complete this challenge, you'll have to think of a skill that you'd like to develop, or improve upon. The main emphasis in this challenge area is on your commitment to see it through and how much you improve from start to finish. You could consider one of the following, or a skill of your choice:

Horses - handling & care	Music (instrument)
Newsletter & Magazine production	Digital Photography
Public Speaking & Debating	Singing (School Choir)

COMMUNITY

- In this challenge, you'll select one community activity for participation. For example:

Caring for the disadvantaged	Environmental conservation
Helping young people	Helping the elderly
First aid	Riding for the Disabled

PHYSICAL

- In this challenge, you'll select a sporting activity to learn or to improve upon. For example:

Track & Field athletics	Team Sports
Swimming	Martial Arts
Rock Climbing	Sailing

EXPEDITION / ADVENTURE

- For this challenge you will plan to go on an expedition of some kind.
- For the Silver Award you will be out for three days & two nights & cover approx 25-35km.
- Required will be - Walking Boots, Sleeping Bag, Rucksack, & Waterproof Clothing (to be properly equipped for the expedition it may take upwards of £100 - so think carefully)! Some equipment you may be able to borrow from friends or family.
- Insect repellent (Skin so Soft [Avon], Expedition Plus etc).
- Training will take place 1 afternoon per week after school & on some Saturdays - everyone is required to attend all sessions!

SUMMARY

Service	Skills	Physical Recreation	Expedition
6 months	One Section for 6 months & the other Section for 3 months		Plan (2 practice expeditions must be carried out), prepare for & undertake a 3 day, 2 night venture

* Pupils must undertake a further 6 months in either the Service or the longer of the Skills or Physical Recreation section. *

Calendar of Events regarding the Expeditions:

Month	Activity
June year 11	Practice Expedition - Mourne Mountains
September year 12	Assessed Expedition - Antrim Hills

If you survive these four challenges you will be presented with the Silver Award! You can choose to receive the Silver Award in one of these formats:

The President's Silver Award

The Duke of Edinburgh Silver Award

The International Award for Young People - Silver